

REF: LTF/SE/2023-24/

Date: 20.06.2023

To,

BSE Limited Phiroze Jeejebhoy Towers, Dalal Street, Fort, Mumbai – 400001	National Stock Exchange of India Limited Exchange Plaza, 5 th Floor, Plot No. C/1, G-Block Bandra-Kurla Complex Bandra (E), Mumbai.
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Sub: Disclosure as per Regulation 7(2) of SEBI (Prohibition of Insider Trading) Regulations, 2015

Ref. Code: 532783, Scrip ID: DAAWAT

Dear Sir,

Pursuant to Regulation 7(2)(b) of SEBI (Prohibition of Insider Trading) Regulations, 2015 (PIT Regulations), we are enclosing herewith the disclosures received to the Company under Regulation 7(2)(a) of PIT Regulations, from Designated Person(s) of the Company, in Form C in respect to sale of Equity Shares of the Company.

We request you to kindly take the above disclosure on your records.

Thanking You,

Yours faithfully,
For **LT Foods Limited**

Monika Chawla Jaggia
Company Secretary & Compliance Officer
Membership No. – F5150

Encl: As above

FORM C
Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015
[Regulation 7 (2) read with Regulation 6(2)-Continual Disclosure]

Name of the company: LT Foods Limited

ISIN of the company: INE818H01020

Details of change in holding of Securities of Promoter, Member of the Promoter Group, Designated Person, or Director of a listed company and immediate relatives of such persons and other such persons as mentioned in Regulation 6(2).

Name, PAN, CIN/DIN, & address with contact nos.	Category of Person (Promoters/ member of the promoter group/designated person/ Directors/ immediate relative to/others etc.)	Securities held prior to acquisition/ disposal		Securities acquired/Disposed				Securities held post acquisition/ disposal		Date of allotment advice/ acquisition of shares/ disposal of shares specify		Date of intimation to company	Mode of acquisition / disposal (on market/public rights/ preferential offer / off market/ Inter-se transfer, ESOPs etc.)	Exchange on which the trade was executed
		Type of security (For eg. – Shares, Warrants, Convertible Debentures, Rights entitlements etc.)	No. and % of shareholding	Type of security (For eg. –Shares, Warrants, Convertible Debentures, Rights entitlements etc.)	No.	Value	Transaction Type (Purchase/sale Pledge / Revocation / Invocation/ Others-please specify)	Type of security (For eg. – Shares, Warrants, Convertible Debentures, Rights entitlement, etc.)	No. and % of shareholding	From	To			
1	2	3	4	5	6	7	8	9	10	11 12	13	14	15	
Monika Dhawan PAN- AFQPD5315L Address – 376- A, SHASTRI NAGAR, AMRITSAR 1- 143001 Contact No. – 9872470082	Immediate Relative of Designated Person	12410	0.00%	Equity Shares	10,0000	12,46,800	Sale	Equity Shares	2410 0.00	13-06-2023	20-06-2023	Market	NSE	

Note: (i) "Securities" shall have the meaning as defined under regulation 2(1)(i) of SEBI (Prohibition of Insider Trading) Regulations, 2015.

(ii) Value of transaction excludes taxes/brokerage/any other charges

Details of trading in derivatives on the securities of the company by Promoter, member of the promoter group, designated person or Director of a listed company and immediate relatives of such persons and other such persons as mentioned in Regulation 6(2).

Trading in derivatives (Specify type of contract, Futures or Options etc)						Exchange on which the trade was executed
Type of Contract	Contract specifications	Buy		Sell		
		Notional Value	Number of units (contracts * lot size)	Notional Value	Number of units (contracts * lot size)	
16	17	18	19	20	21	22
-	-	-	-	-	-	-

Note: In case of Options, notional value shall be calculated based on Premium plus strike price of options.


Date:

Place:

Signature: Sd/-

Name:

Designation:


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